

**RESULTS**  
**Saturday 10 February 2007 Valentine's Day Yard Meet**  
**hosted by Trigger Aquatics at Kings Point USMMA**

**Women 18-24 50 Yard Freestyle**

Name	Age	Team	Finals Time
1 Columbus, Mikki	23	Asphalt Green Masters	27.82
2 Ninivaggi, Melissa	23	Unattached	29.84

**Women 18-24 100 Yard Freestyle**

1 Ventimiglia, Karen	23	Metro Masters Swim Club	1:10.35
33.70	1:10.35	(36.65)	
2 Strizhak, Anastasia	22	Westchester Masters	1:11.26
34.44	1:11.26	(36.82)	

**Women 18-24 200 Yard Freestyle**

1 Columbus, Mikki	23	Asphalt Green Masters	2:09.73
29.91	1:02.59	(32.68)	1:35.90 (33.31)
			2:09.73 (33.83)
2 Ventimiglia, Karen	23	Metro Masters Swim Club	2:32.14
34.93	1:13.28	(38.35)	1:52.61 (39.33)
			2:32.14 (39.53)

**Women 18-24 500 Yard Freestyle**

1 Columbus, Mikki	23	Asphalt Green Masters	5:37.76
30.86	1:03.68	(32.82)	1:37.50 (33.82)
			2:11.82 (34.32)
2:46.06	3:20.38	(34.32)	3:54.99 (34.61)
			4:29.65 (34.66)
5:04.10	5:37.76	(33.66)	

**Women 18-24 50 Yard Backstroke**

1 Ninivaggi, Melissa	23	Unattached	35.50
----------------------	----	------------	-------

**Women 18-24 100 Yard Backstroke**

1 Columbus, Mikki	23	Asphalt Green Masters	1:09.62
33.85	1:09.62	(35.77)	

**Women 18-24 50 Yard Breaststroke**

1 Columbus, Mikki	23	Asphalt Green Masters	36.71
-------------------	----	-----------------------	-------

**Women 18-24 50 Yard Butterfly**

1 Ninivaggi, Melissa	23	Unattached	30.83
2 Strizhak, Anastasia	22	Westchester Masters	36.95

**Women 18-24 100 Yard IM**

1 Strizhak, Anastasia	22	Westchester Masters	1:19.12
37.84	1:19.12	(41.28)	
2 Ventimiglia, Karen	23	Metro Masters Swim Club	1:19.55
37.58	1:19.55	(41.97)	

**Women 25-29 200 Yard Freestyle**

1 Chamberlain, Melissa	26	Metro Masters Swim Club	2:02.17
28.67	59.62	(30.95)	1:30.87 (31.25)
			2:02.17 (31.30)

**Women 25-29 500 Yard Freestyle**

1 Chamberlain, Melissa	26	Metro Masters Swim Club	5:28.83
30.23	1:03.23	(33.00)	1:36.49 (33.26)
			2:09.71 (33.22)
2:42.85	3:16.17	(33.32)	3:49.78 (33.61)
			4:23.12 (33.34)
4:56.44	5:28.83	(32.39)	

**Women 25-29 200 Yard Breaststroke**

1 Chamberlain, Melissa	26	Metro Masters Swim Club	2:28.43
35.58	1:13.24	(37.66)	1:50.76 (37.52)
			2:28.43 (37.67)

**Women 25-29 200 Yard IM**

1 Chamberlain, Melissa	26	Metro Masters Swim Club	2:20.57
32.17	1:09.01	(36.84)	1:48.07 (39.06)
			2:20.57 (32.50)

**Women 25-29 400 Yard IM**

1 Chamberlain, Melissa	26	Metro Masters Swim Club	4:53.45
33.31	1:10.80	(37.49)	1:49.51 (38.71)
			2:27.69 (38.18)
3:06.97	3:46.49	(39.52)	4:20.64 (34.15)
			4:53.45 (32.81)

**RESULTS**  
**Saturday 10 February 2007 Valentine's Day Yard Meet**  
**hosted by Trigger Aquatics at Kings Point USMMA**

= = = = =				
<b>Women 30-34 50 Yard Freestyle</b>				
1	Kyff, Jennifer	33	Metro Masters Swim Club	28.71
2	Krawchuk, Melania	31	Metro Masters Swim Club	29.82
3	Bischofberger, Ann Marie	34	Metro Masters Swim Club	32.98
<b>Women 30-34 100 Yard Freestyle</b>				
1	Krawchuk, Melania	31	Metro Masters Swim Club	1:06.80
	31.38		1:06.80 (35.42)	
2	Bischofberger, Ann Marie	34	Metro Masters Swim Club	1:15.90
	35.52		1:15.90 (40.38)	
<b>Women 30-34 200 Yard Freestyle</b>				
1	Bischofberger, Ann Marie	34	Metro Masters Swim Club	2:44.05
	38.33		1:18.99 (40.66) 2:02.52 (43.53) 2:44.05 (41.53)	
<b>Women 30-34 100 Yard Backstroke</b>				
1	Kyff, Jennifer	33	Metro Masters Swim Club	1:15.44
	35.96		1:15.44 (39.48)	
<b>Women 30-34 50 Yard Breaststroke</b>				
1	Kyff, Jennifer	33	Metro Masters Swim Club	40.61
<b>Women 30-34 50 Yard Butterfly</b>				
1	Krawchuk, Melania	31	Metro Masters Swim Club	34.22
2	Bischofberger, Ann Marie	34	Metro Masters Swim Club	39.97
<b>Women 30-34 100 Yard Butterfly</b>				
1	Kyff, Jennifer	33	Metro Masters Swim Club	1:22.65
	37.02		1:22.65 (45.63)	
<b>Women 30-34 100 Yard IM</b>				
1	Krawchuk, Melania	31	Metro Masters Swim Club	1:18.88
	35.94		1:18.88 (42.94)	
= = = = =				
<b>Women 35-39 50 Yard Freestyle</b>				
1	Velazquez, Angela	36	Metro Masters Swim Club	31.64
<b>Women 35-39 100 Yard Freestyle</b>				
1	Velazquez, Angela	36	Metro Masters Swim Club	1:10.88
	32.55		1:10.88 (38.33)	
<b>Women 35-39 50 Yard Butterfly</b>				
1	Velazquez, Angela	36	Metro Masters Swim Club	33.58
<b>Women 35-39 100 Yard Butterfly</b>				
1	Velazquez, Angela	36	Metro Masters Swim Club	1:22.55
	37.83		1:22.55 (44.72)	
= = = = =				
<b>Women 40-44 100 Yard Breaststroke</b>				
1	Kupan, Cheryl	42	New England Masters Swimming	1:18.68
	37.80		1:18.68 (40.88)	
<b>Women 40-44 50 Yard Butterfly</b>				
1	Kupan, Cheryl	42	New England Masters Swimming	31.39
<b>Women 40-44 200 Yard Butterfly</b>				
1	Kupan, Cheryl	42	New England Masters Swimming	2:38.86
	36.72		1:17.38 (40.66) 1:58.94 (41.56) 2:38.86 (39.92)	
<b>Women 40-44 200 Yard IM</b>				
1	Kupan, Cheryl	42	New England Masters Swimming	2:31.99
	32.37		1:13.06 (40.69) 1:56.46 (43.40) 2:31.99 (35.53)	
= = = = =				
<b>Women 45-49 50 Yard Freestyle</b>				
1	Koster, Carolyn	45	Metro Masters Swim Club	28.92



**RESULTS**  
**Saturday 10 February 2007 Valentine's Day Yard Meet**  
**hosted by Trigger Aquatics at Kings Point USMMA**

**Women 50-54 200 Yard Freestyle**

1	Silverman, Judith	51	Metro Masters Swim Club		2:43.24
	35.39	1:15.20 (39.81)	1:58.77 (43.57)	2:43.24 (44.47)	
2	Savarese, Debra	53	Metro Masters Swim Club		3:58.64
	51.09	1:51.75 (1:00.66)	2:56.84 (1:05.09)	3:58.64 (1:01.80)	

**Women 50-54 500 Yard Freestyle**

1	Savarese, Debra	53	Metro Masters Swim Club		10:36.17
	54.18	1:58.49 (1:04.31)	3:03.16 (1:04.67)	4:08.10 (1:04.94)	
	5:11.63 (1:03.53)	6:16.72 (1:05.09)	7:22.00 (1:05.28)	8:27.19 (1:05.19)	
	10:36.17 (2:08.98)				

**Women 50-54 100 Yard Backstroke**

1	Silverman, Judith	51	Metro Masters Swim Club		1:35.29
	46.57	1:35.29 (48.72)			

**Women 50-54 50 Yard Breaststroke**

1	Silverman, Judith	51	Metro Masters Swim Club		46.23
---	-------------------	----	-------------------------	--	-------

**Women 55-59 200 Yard Freestyle**

1	Hare, Frances	56	Asphalt Green Masters		2:27.89
	35.93	1:13.49 (37.56)	1:51.53 (38.04)	2:27.89 (36.36)	
2	Smith, Mary Elizabeth	56	Metro Masters Swim Club		3:19.66
	41.74	1:31.56 (49.82)	3:19.52 (1:47.96)	3:19.66 (0.14)	

**Women 55-59 500 Yard Freestyle**

1	Hare, Frances	56	Asphalt Green Masters		6:29.88
	35.60	1:14.32 (38.72)	1:54.40 (40.08)	2:34.72 (40.32)	
	3:14.87 (40.15)	3:54.57 (39.70)	4:33.92 (39.35)	5:12.99 (39.07)	
	5:52.17 (39.18)	6:29.88 (37.71)			

**Women 55-59 100 Yard Backstroke**

1	Hare, Frances	56	Asphalt Green Masters		1:25.67
	43.21	1:25.67 (42.46)			

**Women 55-59 50 Yard Butterfly**

1	Hare, Frances	56	Asphalt Green Masters		41.52
---	---------------	----	-----------------------	--	-------

**Women 55-59 100 Yard IM**

1	Hare, Frances	56	Asphalt Green Masters		1:25.16
	39.81	1:25.16 (45.35)			

**Women 60-64 50 Yard Freestyle**

1	Noonan, Geraldine	60	Westchester Masters		42.91
---	-------------------	----	---------------------	--	-------

**Women 60-64 100 Yard Freestyle**

1	Sarg, Kathleen	63	Asphalt Green Masters		1:21.57
	39.42	1:21.57 (42.15)			

**Women 60-64 200 Yard Freestyle**

1	Sarg, Kathleen	63	Asphalt Green Masters		2:56.93
	40.97	1:25.87 (44.90)	2:12.00 (46.13)	2:56.93 (44.93)	

**Women 60-64 500 Yard Freestyle**

1	Sarg, Kathleen	63	Asphalt Green Masters		8:06.55
	43.16	1:30.69 (47.53)	2:20.22 (49.53)	3:10.67 (50.45)	
	4:00.94 (50.27)	4:50.60 (49.66)	5:40.67 (50.07)	6:30.15 (49.48)	
	7:20.06 (49.91)	8:06.55 (46.49)			

**Women 60-64 50 Yard Backstroke**

1	Saunder, Patricia	63	Asphalt Green Masters		1:51.26
---	-------------------	----	-----------------------	--	---------

**Women 60-64 100 Yard IM**

1	Sarg, Kathleen	63	Asphalt Green Masters		1:39.49
	49.67	1:39.49 (49.82)			

---	Katz, Jane	63	Asphalt Green Masters		DQ
-----	------------	----	-----------------------	--	----

**RESULTS**  
**Saturday 10 February 2007 Valentine's Day Yard Meet**  
**hosted by Trigger Aquatics at Kings Point USMMA**

= = = = =				
<b>Women 75-79 50 Yard Freestyle</b>				
1	Jamieson, Ann	77	Asphalt Green Masters	1:10.09
<b>Women 75-79 50 Yard Backstroke</b>				
1	Jamieson, Ann	77	Asphalt Green Masters	1:15.38
<b>Women 75-79 100 Yard Backstroke</b>				
1	Jamieson, Ann	77	Asphalt Green Masters	2:37.70
				1:13.95      2:37.70 (1:23.75)
= = = = =				
<b>Women 85-89 50 Yard Freestyle</b>				
1	Box, Gertrude	85	Metro Masters Swim Club	1:25.49
<b>Women 85-89 50 Yard Backstroke</b>				
1	Box, Gertrude	85	Metro Masters Swim Club	1:31.59
<b>Women 85-89 100 Yard Backstroke</b>				
1	Box, Gertrude	85	Metro Masters Swim Club	2:49.65
				1:23.56      2:49.65 (1:26.09)
<b>Women 85-89 50 Yard Breaststroke</b>				
1	Box, Gertrude	85	Metro Masters Swim Club	1:31.14
<b>Women 85-89 100 Yard IM</b>				
1	Box, Gertrude	85	Metro Masters Swim Club	3:45.82
= = = = =				
<b>Men 18-24 50 Yard Freestyle</b>				
1	Nussen, Adam	19	Metro Masters Swim Club	25.43
<b>Men 18-24 100 Yard Freestyle</b>				
1	Nussen, Adam	19	Metro Masters Swim Club	57.18
				27.47      57.18 (29.71)
<b>Men 18-24 200 Yard Freestyle</b>				
1	Nussen, Adam	19	Metro Masters Swim Club	2:09.87
				29.27      1:02.11 (32.84)      1:36.39 (34.28)      2:09.87 (33.48)
= = = = =				
<b>Men 25-29 50 Yard Backstroke</b>				
1	Kaufman, Ian	27	Unattached	32.96
<b>Men 25-29 50 Yard Breaststroke</b>				
1	Kaufman, Ian	27	Unattached	37.03
<b>Men 25-29 50 Yard Butterfly</b>				
1	Gould, Harold	27	Unattached	25.30
<b>Men 25-29 100 Yard Butterfly</b>				
1	Gould, Harold	27	Unattached	56.75
				26.35      56.75 (30.40)
<b>Men 25-29 100 Yard IM</b>				
1	Kaufman, Ian	27	Unattached	1:11.24
				31.00      1:11.24 (40.24)
= = = = =				
<b>Men 30-34 50 Yard Freestyle</b>				
1	Tedesco, Sean	31	Metro Masters Swim Club	22.62
<b>Men 30-34 100 Yard Freestyle</b>				
1	Wallace, Shawn	34	Metro Masters Swim Club	57.60
				27.55      57.60 (30.05)
2	Mishkin, David	34	Metro Masters Swim Club	58.03
				28.37      58.03 (29.66)

**RESULTS**  
**Saturday 10 February 2007 Valentine's Day Yard Meet**  
**hosted by Trigger Aquatics at Kings Point USMMA**

**Men 30-34 200 Yard Freestyle**

1	Wallace, Shawn	34	Metro Masters Swim Club	2:12.21
	30.08	1:02.79 (32.71)	1:37.10 (34.31)	2:12.21 (35.11)
2	Mishkin, David	34	Metro Masters Swim Club	2:13.45
	31.15	1:06.35 (35.20)	1:40.30 (33.95)	2:13.45 (33.15)

**Men 30-34 500 Yard Freestyle**

1	Mishkin, David	34	Metro Masters Swim Club	6:10.69
	33.75	1:11.14 (37.39)	1:49.75 (38.61)	2:28.21 (38.46)
	3:06.89 (38.68)	3:45.09 (38.20)	4:22.47 (37.38)	4:59.66 (37.19)
	5:35.12 (35.46)	6:10.69 (35.57)		

**Men 30-34 100 Yard Breaststroke**

1	Tedesco, Sean	31	Metro Masters Swim Club	1:01.67
	28.82	1:01.67 (32.85)		
---	Mishkin, David	34	Metro Masters Swim Club	DQ
	36.88	DQ (40.82)		

**Men 30-34 50 Yard Butterfly**

1	Wallace, Shawn	34	Metro Masters Swim Club	32.04
---	----------------	----	-------------------------	-------

**Men 30-34 100 Yard IM**

1	Wallace, Shawn	34	Metro Masters Swim Club	1:06.09
	31.40	1:06.09 (34.69)		
2	Mishkin, David	34	Metro Masters Swim Club	1:08.59
	33.83	1:08.59 (34.76)		

**Men 35-39 50 Yard Freestyle**

1	Nellen, Chris	38	Metro Masters Swim Club	25.03
---	---------------	----	-------------------------	-------

**Men 35-39 100 Yard Freestyle**

1	Nellen, Chris	38	Metro Masters Swim Club	55.29
	26.45	55.29 (28.84)		

**Men 35-39 200 Yard Freestyle**

1	Mahoney, Michael	37	Connecticut Masters	2:14.66
	31.35	1:05.77 (34.42)	1:40.30 (34.53)	2:14.66 (34.36)

**Men 35-39 50 Yard Backstroke**

1	Nellen, Chris	38	Metro Masters Swim Club	32.69
---	---------------	----	-------------------------	-------

**Men 35-39 100 Yard Backstroke**

1	Mahoney, Michael	37	Connecticut Masters	1:05.68
	31.63	1:05.68 (34.05)		

**Men 35-39 200 Yard Backstroke**

1	Mahoney, Michael	37	Connecticut Masters	2:28.90
	35.27	1:12.92 (37.65)	1:51.07 (38.15)	2:28.90 (37.83)

**Men 35-39 100 Yard IM**

1	Nellen, Chris	38	Metro Masters Swim Club	1:05.42
	30.81	1:05.42 (34.61)		

**Men 40-44 50 Yard Freestyle**

1	Rizzo, Don	41	Westchester Masters	25.00
2	Czarnecki, James	42	Metro Masters Swim Club	29.05
3	Benedetto, John	40	Metro Masters Swim Club	31.75

**Men 40-44 100 Yard Freestyle**

1	Czarnecki, James	42	Metro Masters Swim Club	1:04.15
	30.95	1:04.15 (33.20)		
2	Benedetto, John	40	Metro Masters Swim Club	1:10.16
	33.49	1:10.16 (36.67)		

**RESULTS**  
**Saturday 10 February 2007 Valentine's Day Yard Meet**  
**hosted by Trigger Aquatics at Kings Point USMMA**

**Men 40-44 200 Yard Freestyle**

1 Czarnecki, James 42 Metro Masters Swim Club 2:29.83  
 32.09 2:29.83 (1:57.74)

**Men 40-44 500 Yard Freestyle**

1 Czarnecki, James 42 Metro Masters Swim Club 6:57.99  
 36.64 1:16.80 (40.16) 1:58.95 (42.15) 2:42.05 (43.10)  
 3:25.42 (43.37) 5:35.53 ( )  
 6:18.65 (43.12) 6:57.99 (39.34)

2 Benedetto, John 40 Metro Masters Swim Club 7:22.01  
 37.43 1:19.95 (42.52) 2:04.22 (44.27) 2:49.85 (45.63)  
 3:35.87 (46.02) 4:21.93 (46.06) 5:08.34 (46.41) 5:53.95 (45.61)  
 6:38.40 (44.45) 7:22.01 (43.61)

**Men 40-44 50 Yard Backstroke**

1 Florio, Val 44 Metro Masters Swim Club 28.12  
 --- Benedetto, John 40 Metro Masters Swim Club DQ

**Men 40-44 100 Yard Backstroke**

1 Florio, Val 44 Metro Masters Swim Club 59.38  
 29.22 59.38 (30.16)

**Men 40-44 200 Yard Backstroke**

1 Florio, Val 44 Metro Masters Swim Club 2:09.77  
 30.73 1:02.92 (32.19) 1:36.25 (33.33) 2:09.77 (33.52)

**Men 40-44 50 Yard Butterfly**

1 Rizzo, Don 41 Westchester Masters 27.83

**Men 40-44 100 Yard IM**

1 Rizzo, Don 41 Westchester Masters 1:04.92  
 30.76 1:04.92 (34.16)

**Men 45-49 50 Yard Freestyle**

1 Vergara, R. Christian 48 Asphalt Green Masters 26.50  
 2 O'Leary, Thomas 47 Metro Masters Swim Club 31.35

**Men 45-49 100 Yard Freestyle**

1 Vergara, R. Christian 48 Asphalt Green Masters 58.53  
 28.78 58.53 (29.75)

**Men 45-49 200 Yard Freestyle**

1 Goran, Steven 48 Dutchess County Masters 3:56.22  
 49.45 3:56.22 (3:06.77)

**Men 45-49 500 Yard Freestyle**

1 Vergara, R. Christian 48 Asphalt Green Masters 6:06.97  
 30.37 1:03.67 (33.30) 1:38.50 (34.83) 2:14.76 (36.26)  
 2:52.40 (37.64) 3:30.42 (38.02) 4:09.21 (38.79) 4:48.26 (39.05)  
 5:27.95 (39.69) 6:06.97 (39.02)

2 Shtab, Steve 45 Metro Masters Swim Club 6:27.71  
 31.87 1:07.84 (35.97) 1:45.77 (37.93) 2:27.29 (41.52)  
 3:08.02 (40.73) 3:48.82 (40.80) 4:28.24 (39.42) 5:08.30 (40.06)  
 5:49.01 (40.71) 6:27.71 (38.70)

3 Goran, Steven 48 Dutchess County Masters 11:15.73  
 52.30 1:57.53 (1:05.23) 3:08.38 (1:10.85) 4:20.01 (1:11.63)  
 5:32.58 (1:12.57) 9:06.28 ( ) 10:14.80 (1:08.52)  
 11:15.73 (1:00.93)

**Men 45-49 100 Yard Backstroke**

1 Goran, Steven 48 Dutchess County Masters 2:52.93  
 1:23.27 2:52.93 (1:29.66)

**Men 45-49 200 Yard Backstroke**

1 Goran, Steven 48 Dutchess County Masters 5:46.90  
 1:19.44 2:51.89 (1:32.45) 4:20.81 (1:28.92) 5:46.90 (1:26.09)

**RESULTS**  
**Saturday 10 February 2007 Valentine's Day Yard Meet**  
**hosted by Trigger Aquatics at Kings Point USMMA**

**Men 45-49 50 Yard Breaststroke**

1	Slowey, Michael	49	Virginia Masters Swim Team	30.95
2	O'Leary, Thomas	47	Metro Masters Swim Club	35.12

**Men 45-49 100 Yard Breaststroke**

1	Slowey, Michael	49	Virginia Masters Swim Team	1:07.34
	30.80		1:07.34 (36.54)	
2	O'Leary, Thomas	47	Metro Masters Swim Club	1:22.76
	38.50		1:22.76 (44.26)	

**Men 45-49 200 Yard Breaststroke**

1	Slowey, Michael	49	Virginia Masters Swim Team	2:31.93
	33.51		1:11.72 (38.21) 1:51.95 (40.23) 2:31.93 (39.98)	
2	O'Leary, Thomas	47	Metro Masters Swim Club	3:04.03
	40.79		1:27.61 (46.82) 2:16.73 (49.12) 3:04.03 (47.30)	
---	Goran, Steven	48	Dutchess County Masters	DQ
	1:08.91		2:32.16 (1:23.25) 3:55.54 (1:23.38) DQ (1:27.69)	

**Men 45-49 50 Yard Butterfly**

1	Vergara, R. Christian	48	Asphalt Green Masters	31.13
---	-----------------------	----	-----------------------	-------

**Men 45-49 100 Yard IM**

1	Vergara, R. Christian	48	Asphalt Green Masters	1:10.46
	33.18		1:10.46 (37.28)	

**Men 50-54 50 Yard Freestyle**

1	Kaplan, Stuart	50	Connecticut Masters	26.48
2	Briggs, Jack	53	Metro Masters Swim Club	29.25
3	McArdle, Peter	53	Westchester Masters	38.03

**Men 50-54 100 Yard Freestyle**

1	Kaplan, Stuart	50	Connecticut Masters	57.94
	27.80		57.94 (30.14)	
2	Briggs, Jack	53	Metro Masters Swim Club	1:04.68
	31.26		1:04.68 (33.42)	
3	Benson, Richard	54	Metro Masters Swim Club	1:07.94
	32.90		1:07.94 (35.04)	
4	Scheiber, Laurence	52	Metro Masters Swim Club	1:12.44
	35.01		1:12.44 (37.43)	
5	McArdle, Peter	53	Westchester Masters	1:26.47
	41.02		1:26.47 (45.45)	

**Men 50-54 200 Yard Freestyle**

1	Kaplan, Stuart	50	Connecticut Masters	2:16.78
	31.67		1:06.76 (35.09) 1:41.83 (35.07) 2:16.78 (34.95)	

**Men 50-54 500 Yard Freestyle**

1	Scheiber, Laurence	52	Metro Masters Swim Club	7:25.67
	41.38		1:25.80 (44.42) 2:10.04 (44.24) 2:56.14 (46.10)	
	3:41.70 (45.56)		4:27.19 (45.49) 5:12.85 (45.66) 5:57.96 (45.11)	
	7:25.67 (1:27.71)			
2	McArdle, Peter	53	Westchester Masters	9:48.28
	49.82		1:48.21 (58.39) 2:48.15 (59.94) 3:51.16 (1:03.01)	
	5:53.59 (2:02.43)		6:55.72 ( ) 7:54.52 (58.80)	
	8:55.41 (1:00.89)		9:48.28 (52.87)	

**Men 50-54 50 Yard Backstroke**

1	Scheiber, Laurence	52	Metro Masters Swim Club	41.37
2	McArdle, Peter	53	Westchester Masters	55.25

**Men 50-54 100 Yard Backstroke**

1	McArdle, Peter	53	Westchester Masters	2:10.70
	1:04.02		2:10.70 (1:06.68)	

**RESULTS**  
**Saturday 10 February 2007 Valentine's Day Yard Meet**  
**hosted by Trigger Aquatics at Kings Point USMMA**

**Men 50-54 200 Yard Backstroke**

1	Scheiber, Laurence	52	Metro Masters Swim Club	3:18.55
		2:29.87 ( )	3:18.55 (48.68)	

**Men 50-54 50 Yard Butterfly**

1	Benson, Richard	54	Metro Masters Swim Club	33.57
---	-----------------	----	-------------------------	-------

**Men 50-54 100 Yard Butterfly**

1	Benson, Richard	54	Metro Masters Swim Club	1:21.56
		37.87	1:21.56 (43.69)	

**Men 50-54 400 Yard IM**

1	Benson, Richard	54	Metro Masters Swim Club	6:46.25
		40.10	1:24.97 (44.87)	2:24.91 (59.94)
		4:22.39 (58.24)	5:22.59 (1:00.20)	6:05.50 (42.91)
				3:24.15 (59.24)
				6:46.25 (40.75)

**Men 55-59 50 Yard Freestyle**

1	McGeehan, John	56	Metro Masters Swim Club	26.82
2	Heotis, Peter	56	Metro Masters Swim Club	27.72
3	Siglock, Timothy	58	Westchester Masters	31.15
4	Camhi, Stephen	57	Metro Masters Swim Club	34.74
5	Kalichman, Pete	59	Unattached	39.90
6	Chertoff, Kennerth	56	Unattached	46.83

**Men 55-59 100 Yard Freestyle**

1	McGeehan, John	56	Metro Masters Swim Club	1:03.56
		30.17	1:03.56 (33.39)	
2	Siglock, Timothy	58	Westchester Masters	1:11.77
		35.40	1:11.77 (36.37)	
3	Camhi, Stephen	57	Metro Masters Swim Club	1:16.09
		36.69	1:16.09 (39.40)	
4	Kalichman, Pete	59	Unattached	1:32.73
		42.15	1:32.73 (50.58)	
5	McAdams, Robert	57	Unattached	1:38.42
		47.52	1:38.42 (50.90)	
6	Chertoff, Kennerth	56	Unattached	1:45.01
		48.15	1:45.01 (56.86)	

**Men 55-59 200 Yard Freestyle**

1	Medvec, Michael	57	Unattached	2:18.43
		31.71	1:06.62 (34.91)	1:42.41 (35.79)
				2:18.43 (36.02)
2	Kolonkowski, Bob	59	Metro Masters Swim Club	2:34.13
		34.87	1:12.90 (38.03)	1:53.05 (40.15)
				2:34.13 (41.08)
3	Camhi, Stephen	57	Metro Masters Swim Club	2:52.53
		39.03	1:22.59 (43.56)	2:07.04 (44.45)
				2:52.53 (45.49)

**Men 55-59 500 Yard Freestyle**

1	Laughlin, Terry	55	Adirondack Masters	5:50.56
		33.07	1:09.15 (36.08)	1:45.40 (36.25)
		2:57.15 (35.86)	3:32.55 (35.40)	4:07.68 (35.13)
		5:17.05 (34.56)	5:50.56 (33.51)	2:21.29 (35.89)
				4:42.49 (34.81)
2	Medvec, Michael	57	Unattached	6:23.04
		34.12	1:11.56 (37.44)	1:50.09 (38.53)
		3:09.07 (39.48)	3:48.78 (39.71)	4:27.78 (39.00)
		5:45.89 (38.77)	6:23.04 (37.15)	2:29.59 (39.50)
				5:07.12 (39.34)
3	McGeehan, John	56	Metro Masters Swim Club	6:58.47
		36.29	1:17.67 (41.38)	2:00.78 (43.11)
		3:27.44 (43.60)		2:43.84 (43.06)
		6:18.35 (42.89)	6:58.47 (40.12)	5:35.46 ( )

**RESULTS**  
**Saturday 10 February 2007 Valentine's Day Yard Meet**  
**hosted by Trigger Aquatics at Kings Point USMMA**

**Men 55-59 500 Yard Freestyle continued**

4	Camhi, Stephen	57	Metro Masters Swim Club			7:51.14
	42.72	1:28.83 (46.11)	2:16.09 (47.26)	3:03.89 (47.80)		
	3:51.19 (47.30)	4:39.27 (48.08)	5:26.97 (47.70)	6:14.90 (47.93)		
	7:03.71 (48.81)	7:51.14 (47.43)				

**Men 55-59 50 Yard Backstroke**

1	Siglock, Timothy	58	Westchester Masters			39.48
2	McAdams, Robert	57	Unattached			54.14

**Men 55-59 100 Yard Backstroke**

1	Kolonkowski, Bob	59	Metro Masters Swim Club			1:11.83
	34.32	1:11.83 (37.51)				

**Men 55-59 50 Yard Breaststroke**

1	McGeehan, John	56	Metro Masters Swim Club			37.50
---	----------------	----	-------------------------	--	--	-------

**Men 55-59 100 Yard Breaststroke**

1	Kalichman, Pete	59	Unattached			1:49.38
	51.55	1:49.38 (57.83)				

**Men 55-59 200 Yard Breaststroke**

1	Laughlin, Terry	55	Adirondack Masters			3:02.17
	43.01	1:29.73 (46.72)	2:16.59 (46.86)	3:02.17 (45.58)		

**Men 55-59 50 Yard Butterfly**

1	Heotis, Peter	56	Metro Masters Swim Club			31.16
---	---------------	----	-------------------------	--	--	-------

**Men 55-59 100 Yard Butterfly**

1	Kolonkowski, Bob	59	Metro Masters Swim Club			1:08.44
	31.74	1:08.44 (36.70)				
2	Heotis, Peter	56	Metro Masters Swim Club			1:13.33
	33.80	1:13.33 (39.53)				

**Men 55-59 100 Yard IM**

1	Heotis, Peter	56	Metro Masters Swim Club			1:14.96
	36.36	1:14.96 (38.60)				
2	Siglock, Timothy	58	Westchester Masters			1:22.24
	38.51	1:22.24 (43.73)				

**Men 55-59 200 Yard IM**

1	Laughlin, Terry	55	Adirondack Masters			2:47.27
	40.04	1:24.15 (44.11)	2:11.65 (47.50)	2:47.27 (35.62)		

**Men 55-59 400 Yard IM**

1	Kolonkowski, Bob	59	Metro Masters Swim Club			5:40.00
	33.91	1:14.43 (40.52)	1:57.39 (42.96)	2:40.47 (43.08)		
	3:30.56 (50.09)	4:22.80 (52.24)	5:01.41 (38.61)	5:40.00 (38.59)		
2	Laughlin, Terry	55	Adirondack Masters			5:44.58
	40.72	1:27.94 (47.22)	2:14.43 (46.49)	2:59.02 (44.59)		
	3:46.43 (47.41)	4:33.58 (47.15)	5:10.36 (36.78)	5:44.58 (34.22)		

**Men 60-64 50 Yard Freestyle**

1	Gould, Albert	60	Connecticut Masters			34.76
2	Brook, Richard	64	Metro Masters Swim Club			39.70

**Men 60-64 100 Yard Freestyle**

1	Gould, Albert	60	Connecticut Masters			1:19.14
	38.13	1:19.14 (41.01)				



**RESULTS**  
**Saturday 10 February 2007 Valentine's Day Yard Meet**  
**hosted by Trigger Aquatics at Kings Point USMMA**

**Men 65-69 500 Yard Freestyle**

1	Monahan, Richard	65	Metro Masters Swim Club			7:15.96
	39.13	1:22.10 (42.97)	2:06.22 (44.12)	2:50.24 (44.02)		
	3:34.44 (44.20)	4:18.66 (44.22)	5:03.01 (44.35)	5:47.75 (44.74)		
	6:32.64 (44.89)	7:15.96 (43.32)				
2	Toner, Michael	65	Metro Masters Swim Club			8:27.80
	44.03	1:32.73 (48.70)	2:23.46 (50.73)	3:15.87 (52.41)		
	4:09.06 (53.19)	5:02.72 (53.66)	5:55.47 (52.75)	6:48.90 (53.43)		
	7:41.10 (52.20)	8:27.80 (46.70)				

**Men 65-69 50 Yard Backstroke**

1	Mugavin, Ron	69	Unattached			39.37
2	Monahan, Richard	65	Metro Masters Swim Club			41.89

**Men 65-69 100 Yard Backstroke**

1	Mugavin, Ron	69	Unattached			1:24.16
	41.57	1:24.16 (42.59)				
2	Monahan, Richard	65	Metro Masters Swim Club			1:35.02
	46.65	1:35.02 (48.37)				
3	Toner, Michael	65	Metro Masters Swim Club			1:43.99
	51.17	1:43.99 (52.82)				
4	Provost, Norman	65	Metro Masters Swim Club			2:02.98
	59.57	2:02.98 (1:03.41)				

**Men 65-69 200 Yard Backstroke**

1	Monahan, Richard	65	Metro Masters Swim Club			3:20.72
	49.25	1:40.68 (51.43)	2:31.01 (50.33)	3:20.72 (49.71)		
---	Mugavin, Ron	69	Unattached			DQ
	43.97	1:37.42 (53.45)	3:01.89 (1:24.47)			

**Men 65-69 50 Yard Breaststroke**

1	Provost, Norman	65	Metro Masters Swim Club			50.29
---	-----------------	----	-------------------------	--	--	-------

**Men 65-69 100 Yard Breaststroke**

1	Provost, Norman	65	Metro Masters Swim Club			1:50.35
	53.79	1:50.35 (56.56)				

**Men 85-89 50 Yard Breaststroke**

1	Lynch, Walter	85	Metro Masters Swim Club			54.86
---	---------------	----	-------------------------	--	--	-------

**Men 85-89 200 Yard Breaststroke**

1	Lynch, Walter	85	Metro Masters Swim Club			4:52.77
	1:07.67	2:24.28 (1:16.61)	3:41.82 (1:17.54)	4:52.77 (1:10.95)		

**Mixed 95+ 200 Yard Freestyle Relay**

1	Metro Masters Swim Club	A				1:50.23
	1) Koster, Carolyn 45	2) Chamberlain, Melissa 26	3) Laughlin, Terry 55	4) Shtab, Steve 45		
	29.35	55.3 0 (25.95)	1:23.26 (27.96)	1:50.23 (26.97)		
2	Westchester Masters	B				1:50.98
	26.63	57.89 (31.26)	1:26.01 (28.12)	1:50.98 (24.97)		
3	Asphalt Green Masters	A				1:53.49
	1) Columbus, Mikki 23	2) Vergara, R. Christian 48	3) Hare, Frances 56	4) Bernstein, Richard 60		
	26.61	56.55 (29.94)	1:26.40 (29.85)	1:53.49 (27.09)		
4	Westchester Masters	A				2:28.04
	33.82	1:10.32 (36.50)	1:49.91 (39.59)	2:28.04 (38.13)		