

7:30AM Sunday 17 August 2008 Grimaldo's Mile IV
Open Water Swim Event hosted by CIBBOWS

Select DIVISION designation below (check one):

___ DIVISION 2 ***Open to all swimmers 18 years or older (NO Wetsuit). Must sign waiver on race day at check-in. Must submit proof of previous open water swim experience or ability (see page two detail).*

___ DIVISION 3 ***Open to all swimmers 18 years or older with WETSUIT. Must sign waiver on race day at check-in. Must submit proof of previous open water experience or ability (see page two detail).*

___ DIVISION 4 ***Open to all persons age 18 years or older wearing a swim COSTUME to be judged both in and out of water. Must sign waiver on race day at check-in. Open water swim participation optional.*

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RACE/COURSE DESCRIPTION: One mile straight line open water course, running parallel to shore. Race start at Coney Island and end at Brighton Beach. The Course will be marked by buoys. There will be approximately 15 kayaks to assist and 1 to 2 power boats. Water temperature is expected to be 68 ~ 72 F with minimal current as race starts with slack tide. Expect random flotsam and jetsam with possibility of jellyfish. Swells can occur from surf and wind.

OTHER IMPORTANT INFORMATION: We have a limit of 400 swimmers, to be distributed in 4 waves. As divisions fill-up they will be closed for further registration. There is no guarantee your division will be available for race day registration. All swimmers must provide proof of previous open water swim(s) experience of one mile or longer by detailing **on reverse side of this form**, or attach letter of ability to complete one mile open water swim from your coach. Additional event information & online registration available through www.cibbows.org or www.active.com.

MANDATORY BRIEFING: Please plan to arrive by 6:00AM to facilitate event check-in. Be early for 7:00AM mandatory pre-race briefing at Coney Island (end of Stillwell Avenue at the Boardwalk), which will be held prior to the first wave start at 7:30AM. Waves 2, 3 and 4 will follow ten (10) minutes apart.

REGISTRATION FEES:

Early Bird all Divisions _____ \$25.00 before or on April 15, 2008
Division 4 only: _____ \$35.00 from April 15, 2008 to August 15, 2008
Divisions 1, 2 & 3: _____ \$35.00 from April 1, 2008 to June 30, 2008
_____ \$45.00 from July 1, 2008 to July 31, 2008
_____ \$55.00 from August 1, 2008 to August 15, 2008
All Divisions _____ \$80.00 on race day
Total enclosed \$ _____ Make check or money order payable to CIBBOWS

MAIL event registration to: 312 Garfield Place, Brooklyn, NY 11215.
For additional information about this event, contact the race director:
Cristian Vergara at (646) 285-8446 or email at vergaracristian@hotmail.com.