



Greenwich Swim Committee
Saturday 8 August 2009 Island Beach Two-Mile Swim
 Sponsored by the Town of Greenwich, CT
 and the Greenwich Swim Committee



AWARDS: Awards to top 3 in each five year age group and to top 3 overall. Participants limited to one award. Awards and refreshments following the event on Island Beach. Swimmers wearing wet suits will be **INELIGIBLE** for awards.
FEES: \$45 for entries postmarked by August 1st, \$55 thereafter. **NO REFUNDS.** In the unlikely event of cancellation, some credit will be given for future Greenwich Swim Committee events. **Include copy of 2009 USMS registration card with MAIL-IN entry.**
GENERAL INFO: Swimmers should report to Greenwich harbor at 6:45AM for registration and boarding of Island Beach Ferry. Boat leaves promptly at 7:30AM, swim begins at 8:30AM. Spectators may accompany swimmers. Race will be out and back from Island Beach. Event is sanctioned by U.S. Masters Swimming and governed by its rules. All participants **MUST** be USMS members. All participants must be 18 years of age or older. The course will be marked with buoys and protected by official boats. **INDIVIDUAL ESCORT BOATS ARE PROHIBITED.** Swim caps will be provided and must be worn. Swimmers must finish half the course within 45 min and stay within 10 yds of buoy line. Wetsuits are permitted. Water temperature near 70° F. Directions to Greenwich Harbor: Take I95 to Exit 3, right at end of ramp if northbound, left if southbound. Parking lot on left with ferry dock across street.
ENTRY/RESULTS: Send entry to "Greenwich Swim Committee", PO Box 110498, Trumbull, CT 06611-0498. Results will be posted on the internet at www.gscevents.org. Contact us via e-mail info@gscevents.org or visit our web site: www.gscevents.org. This year you can register online through August 6th at www.active.com. **Include legible copy of your 2009 USMS registration card with MAIL-IN entry form.**



CHECK-IN CLOSES AT 7:15AM SHARP ON RACE DAY!

Please cut here: - - - - -

"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in swimming training and competition, including possible permanent disability or death, and agree to assume all those risks. AS A CONDITION OF MY PARTICIPATION IN THE GREENWICH POINT ONE MILE SWIM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, GREENWICH SWIM COMMITTEE, OR ANY INDIVIDUALS OFFICIATING AT THE EVENT, SUPERVISING SUCH ACTIVITIES OR VOLUNTEERING TO SUPPORT ANY ACTIVITY ASSOCIATED WITH THE EVENT, WITHOUT QUALIFICATION OR CONDITION OF ANY SORT. Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks."

Signature _____ Date _____

Island Beach Two-Mile Swim		
Name: _____		
2009 USMS Reg # _____ USMS Club Abbreviation _____		
Day Tel (_____) _____ - _____ Eve Tel (_____) _____ - _____		
E-Mail: _____		
Address: _____		
City: _____ State: _____ Zip: _____		
Emergency Contact Name: _____		
Phone (_____) _____ - _____		
Birthdate	Age on August 8, 2009:	Sex

T-Shirt Size	Entry FEE payable to: <u>Greenwich Swim Committee</u> \$45 until 8/1 \$55 after 8/1 Total Fee \$ _____
MD _____	
LG _____	
XL _____	
(included with entry fee)	