

**Coney Island Brighton Beach Open Water Swimmers
present GRIMALDO'S MILE Open Water Swim Event
Sunday, August 5, 2007 • 8:30AM Start Time
*Sanctioned by the Metropolitan LMSC for USMS, Inc. Sanction # 067-07***

Print First & Last Name _____

Street Address _____

City _____ State _____ Zip _____

Tel (_____) _____ E-Mail _____

DOB ____/____/____ Age ____ (on August 5, 2007) Gender (circle one) M F
 m m d d y y

Indicate T-Shirt Size (circle one) S M L XL

Select WAVE designation below (check one):

WAVE 1 for USMS-registered swimmers only (SIGN & DATE USMS Liability Release below!)

USMS Liability Release: "I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY NEGLIGENCE, ACTIVE OR PASSIVE OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEE, THE CLUBS, HOST FACILITIES, CIBBOWS, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEET OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. Finally, I specifically acknowledge that I am aware of all the risks inherent in Open Water swimming and agree to assume those risks."

Signature _____ Date _____

2007 USMS Reg # _____ CLUB Abbreviation _____

Include a LEGIBLE copy of your 2007 USMS registration card with entry (or fax to 718-832-7370)

WAVE 2

** Open to all swimmers 18 years and older (NO wetsuit). Must sign waiver on race day at check-in. Must submit proof of previous open water swim experience or ability (see page two detail).

WAVE 3

** Open to all swimmers 18 years or older with WETSUIT. Must sign waiver on race day at check-in. Must submit proof of previous open water swim experience or ability (see page two detail).

WAVE 4

** Open to all persons age 18 years or older wearing a swim COSTUME to be judged both in and out of water. Must sign waver on race day at check-in. Open water swim participation optional.

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RACE/COURSE DESCRIPTION

One mile straight line open water course, running parallel to shore. Race starts at Coney Island and end at Brighton Beach. The course will be marked by buoys. There will be approximately 15 kayaks to assist and 1 to 2 power boats. Water temperature is expected to be 68 ~ 72 F with minimal current as race starts with slack tide. Expect random flotsam and jetsam with possibility of jellyfish. Swells can occur from surf and wind.

OTHER IMPORTANT INFORMATION

- We have a limit of 400 swimmers, 100 per wave. As waves fill-up they will be closed for further registration. There is no guarantee your wave will be available for race day registration.
- **All swimmers must provide proof of previous open water swim(s) experience of one mile or longer on reverse side of this form, or attach letter of ability to complete one mile open water swim from your coach.**
- On-line registration available through www.cibbows.org or www.active.com.

MANDATORY BRIEFING

Please plan to arrive by 7:00AM to facilitate event check-in. Be early for 8:00AM mandatory pre-race briefing at Coney Island (end of Stillwell Avenue at the Boardwalk), which will be held prior to the first wave start at 8:30 AM. Waves 2, 3 and 4 will follow five (5) minutes apart.

REGISTRATION FEES

Wave 4 only:	_____	\$25.00 up to race day
Waves 1, 2 & 3:	_____	\$35.00 before to or on July 5, 2007
	_____	\$45.00 from July 6, 2007 to August 3, 2007
	_____	\$60.00 on race day
Total enclosed	\$_____	Make check or money order payable to <u>CIBBOWS</u>

MAIL event registration to: 312 Garfield Place, Brooklyn, NY 11215

**For additional information about this event, contact the race director:
Cristian Vergara at (646) 285-8446 or email at vergaracristian@hotmail.com.**