

Chlorine Chronicles 03.27.07 Edition
Metropolitan Local Masters Swimming Committee
www.metroswim.org
United States Masters Swimming
www.usms.org

HAPPY SPRING and WELCOME to the latest edition of Chlorine Chronicles, the Metropolitan Local Masters Swimming Committee's electronic newsletter for recent and upcoming H₂O happenings!

LIFE IN THE FAST LANE

Check out the new FAST LANE - our latest addition to the Metro LMSC's website. Plenty of new information is posted there from favorite swim workouts to current registration data, from MetroWear team apparel shop to recent event photos. We encourage you to take an active role in creating and expanding upon information available to our members by submitting your own favorite swim workouts, photos or other material.

RECENT EVENTS

115 local swimmers from AquaFit, Badger, Dutchess, Metro-Unaffiliated, NYC Hydras, Red Tide, Team New York Aquatics and Westchester Masters traveled to Harvard University's Blodgett Pool in Cambridge, Massachusetts this past weekend to participate in the New England Masters Short Course Yard Championships with tremendous success. A total of 23 individual and five relay NEM age group records were set by metropolitan area swimmers:

Anna Armentrout REDT

Kathleen Davis DUTC

Anthony Ervin NYCH

Abigail Falk NYCH

Kristin Gary REDT

Chris Horgan REDT

Jeanne Kellachan WM

Steve Newman BDGR

Elliot Ptasnik NYCH

Sara Upton REDT

and relay teams from NYCH & REDT

CONGRATULATIONS to everyone! Complete list of records, individual high point & team scores, and event results are posted online at www.meetresults.com/2007/nem-scy/results.shtml.

UPCOMING EVENTS

Metro LMSC Events - Complete event detail and entry forms are posted on the Metro LMSC website.

**Sat 28 Apr - Yonkers Masters International Pride Meet. Entry must be RECEIVED by Fri 20 Apr.

**Sun 6 May - NYC Masters Meet & Commissioners Trophy Relay. Entry must be RECEIVED by Mon 16 Apr.

**Sat 14 Jul - Metro 5K Open Water Swim Champs in Huntington Bay. Entry must be RECEIVED by Fri 6 Jul.

**Sat 14 Jul - USMS 10K Open Water Swim Champs in Huntington Bay. Entry must be RECEIVED by Fri 6 Jul.

**Sun 29 Jul - Point Lookout Open Water Swim. Complete details posted online when available.

**Sun 5 Aug - Grimaldos One Mile Open Water Swim. Complete info at www.cibbows.org.

Other Events - Additional pool and open water swim events outside the metropolitan area from New York State to Colonies Zone to USMS national championships are posted online at www.metroswim.org and www.usms.org.

USMS REGISTRATION

Please be reminded that only currently registered members of USMS are eligible to participate in USMS-sanctioned events. If you or a friend or teammate have not yet renewed your USMS registration for 2007, we urge you to do so immediately, allowing at least a two-week turnaround time for processing renewal applications. USMS registration form/info is available on the Metro LMSC website in the "Registration" section.

UPDATES

Let us know if your personal information has changed (email address, mailing address, telephone, etc.) or if you have updated team information by submitting new data in response to this email and copying the Metro LMSC Chairman Steve Newman at sn100@optonline.net. Email communication is our primary method of disseminating information to our membership. If you have swim info for inclusion in the next Chlorine Chronicles issue, please submit via email to MetroSwimNews@aol.com.

Enjoy the upcoming holidays and HAPPY LAPS!

Chlorine Chronicles Editor
Metropolitan LMSC Board

Chlorine Chronicles is an informational service provided to area swimmers, both past and present. If you no longer live, work, swim or are USMS-registered in the Metropolitan LMSC and wish to be removed from this email distribution list, please respond to this email indicating so, providing your first and last name with the email address to be deleted.