

Metropolitan LMSC Women's Long Course Records

Women 19-24

Event	Name	Age	Club	Time	Year
50 Free	Jessica K Foschi	23	METR	27.24	2003
100 Free	Jessica Foschi	23	METR	58.94	2003
200 Free	Jessica K Foschi	23	METR	2:03.06	2003
400 Free					
800 Free					
1500 Free					
50 Back	N Wunderlich	24	EMP	34.73	1995
100 Back	N Wunderlich	24	EMP	1:12.13	1995
200 Back	N Wunderlich	24	EMP	2:30.93	1995
50 Breast	Megan F Griffis	24	METR	38.15	2003
100 Breast	Megan F Griffis	24	METR	1:25.02	2003
200 Breast	Megan F Griffis	24	METR	3:00.84	2003
50 Fly	Lian Tay	24	RED	34.67	2006
100 Fly	Kim Johnson	24	METR	1:12.98	1994
200 Fly					
200 IM	Ngozi R Monu	22	REDT	2:52.01	2003
400 IM	Marcy Yeisley	24	EMP	7:22.37	1993

Women 25-29

Event	Name	Age	Club	Time	Year
50 Free	Allison L. Coley	29	METR	29.79	2005
100 Free	Allison L. Coley	29	METR	1:03.60	2005
200 Free	Allison L. Coley	29	METR	2:22.39	2005
400 Free	Allison L. Coley	29	METR	5:08.15	2005
800 Free	Allison L. Coley	29	METR	10:39.21	2005
1500 Free	Rebeccah Wassner	28	METR	18:51.52	2003
50 Back	Allison L. Coley	29	METR	37.74	2005
100 Back	Maura Schoonmaker	27	METR	1:20.68	2003
200 Back	Danielle Sullivan	27	EAST	2:48.34	2002
50 Breast	Jodie Friedman	25	EMP	39.50	2006
100 Breast	Jill Lemone	28	EMP	1:26.09	1995
200 Breast	Jill Lemone	28	EMP	3:02.72	1995
50 Fly	Jackie Lee	25	RED	34.55	2006
100 Fly	Jill Lemone	28	EMP	1:12.33	1994
200 Fly	Marcy Yeisley	26	EMP	2:28.52	1996
200 IM	Jill Lemone	28	EMP	2:44.64	1995
400 IM	Jill Lemone	28	EMP	5:43.25	1994

Women 30-34

Event	Name	Age	Club	Time	Year
50 Free	Mary Kavaney	33	EMP	29.04	1999
100 Free	Mary Kavaney	33	EMP	1:03.93	1999
200 Free	Lorna Cialdella	30	EMP	2:24.12	1995
400 Free	E Maresca-Ortof	30	METR	4:56.38	1996
800 Free	Lorna Cialdella	34	EMP	10:45.46	1998
1500 Free	Heather L Curnutt	30	REDT	22:13.17	2003
50 Back	Cecelia M Coleman	34	METR	35.00	1998
100 Back	Cecelia Coleman	32	METR	1:14.46	1997
200 Back	E Maresca-Ortof	30	METR	2:37.68	1996

50 Breast	Carolyn Koster	34	METR	38.12	1996
100 Breast	Belinda Martin	32	WPM	1:23.59	2001
200 Breast	Belinda Martin	32	WPM	3:01.71	2001
50 Fly	Sara Upton	30	RED	35.46	2006
100 Fly	Sara Upton	30	RED	1:18.38	2006
200 Fly	Lorna Ciadella	31	EMP	2:54.03	1995
200 IM	E Maresca-Ortof	30	METR	2:37.59	1996
400 IM	E Maresca-Ortof	30	METR	5:34.59	1996

Women 35-39

Event	Name	Age	Club	Time	Year
50 Free	M Drueckhammer	39	METR	27.09	2002
100 Free	M Drueckhammer	39	METR	59.29	2002
200 Free	M Drueckhammer	39	METR	2:13.92	2002
400 Free	Andrea Luallen-Egg	39	BAD	5:05.43	2004
800 Free	Kate A. Tiedemann	38	WM	11:28.76	2006
1500 Free					
50 Back	Kristin Gary	37	REDT	33.07	2004
100 Back	Kristin Gary	39	REDT	1:09.59	2006
200 Back	Kristin Gary	39	REDT	2:31.60	2006
50 Breast	Fall Willebroordse	37	REDT	37.78	2003
100 Breast	Andrea Luallen-Egg	39	BAD	1:29.93	2004
200 Breast	Andrea Luallen-Egg	39	BDGR	3:11.48	2004
50 Fly	M Drueckhammer	39	METR	29.27	2002
100 Fly	M Drueckhammer	39	METR	1:06.80	2002
200 Fly	Karen James	36	METR	2:38.05	2004
200 IM	Kristin Gary	37	REDT	2:39.85	2004
400 IM	Lorna Cialdella	35	EMP	5:47.90	1999

Women 40-44

Event	Name	Age	Club	Time	Year
50 Free	Maria B Doelger	40	METR	26.88	2003
100 Free	Maria B Doelger	40	METR	58.43	2003
200 Free	Maria B Doelger	40	METR	2:14.24	2003
400 Free					
800 Free	Fran Kravetz-Pepe	42	METR	10:18.28	2006
1500 Free					
50 Back	Fall Willeboordse	40	METR	33.50	2006
100 Back	Andrea Luallen-Egg	40	BDGR	1:11.22	2005
200 Back	Andrea Luallen-Egg	40	BDGR	2:40.17	2005
50 Breast	Andrea Luallen-Egg	40	BAD	42.96	2005
100 Breast	Cheryl Kupan	42	BDGR	1:28.84	2006
200 Breast	Cheryl Kupan	42	BDGR	3:12.23	2006
50 Fly	Maria B Doelger	40	METR	29.29	2003
100 Fly	Maria B Doelger	40	METR	1:06.41	2003
200 Fly	Andrea Luallen-Egg	40	BDGR	2:51.34	2005
200 IM	Fran Kravetz-Pepe	40	METR	2:40.33	2006
400 IM	Janet Harris	41	METR	5:58.50	2006

Women 45-49

Event	Name	Age	Club	Time	Year
50 Free					
100 Free					

200 Free					
400 Free					
800 Free	Christine Zimmet	48	METR	12:20.09	1993
1500 Free					
50 Back	Nancy Surdoval	46	WPM	37.73	1999
100 Back	Christine Zimmet	45	METR	1:25.28	1993
200 Back	Christine Zimmet	45	METR	3:07.24	1993
50 Breast					
100 Breast					
200 Breast					
50 Fly					
100 Fly	Christine Zimmet	48	METR	1:29.74	1996
200 Fly	Christine Zimmet	45	METR	3:20.15	1993
200 IM					
400 IM	Christine Zimmet	49	METR	6:56.97	1997

Women 50-54

Event	Name	Age	Club	Time	Year
=====	=====	====	=====	=====	=====
50 Free	Jane Katz	50	METR	35.77	1993
100 Free	Karen L. Einsidler	50	METR	2:24.37	2006
200 Free	Frances E Hare	54	METR	2:35.39	2004
400 Free	Karen L. Einsidler	50	METR	5:04.00	2006
800 Free	Karen L. Einsidler	50	METR	10:35.50	2006
1500 Free	Jane Katz	50	METR	21:44.92	1993
50 Back	Nancy J Surdoval	50	WPM	39.29	2003
100 Back	Karen L. Einsidler	50	METR	1:16.95	2006
200 Back	Karen L. Einsidler	50	METR	2:48.36	2006
50 Breast					
100 Breast					
200 Breast	Jane Katz	52	METR	3:58.55	1995
50 Fly	Jane Katz	50	METR	40.18	1993
100 Fly	Christin Zimmet	51	METR	1:34.42	1999
200 Fly	Jane Katz	50	METR	3:29.19	1993
200 IM	Nancy J Surdoval	50	WPM	3:16.56	2003
400 IM	Jane Katz	50	METR	6:48.95	1993

Women 55-59

Event	Name	Age	Club	Time	Year
=====	=====	====	=====	=====	=====
50 Free	Lisa A Martin	55	METR	35.18	2003
100 Free	Frances E. Hare	55	METR	1:12.42	2005
200 Free	Frances E. Hare	55	METR	2:36.53	2005
400 Free	Frances E. Hare	55	METR	5:29.99	2005
800 Free	Frances E. Hare	55	METR	11:20.47	2005
1500 Free	Frances E. Hare	55	METR	21:45.60	2005
50 Back	Jane Katz	56	METR	42.50	1999
100 Back	Jane Katz	56	METR	1:34.11	1999
200 Back	Jane Katz	56	METR	3:19.45	1999
50 Breast					
100 Breast					
200 Breast	Sue Lecarreux	58	METR	3:54.91	2003
50 Fly	Anne Botsford	56	METR	39.91	1999
100 Fly	Anne Botsford	56	METR	1:37.55	1999
200 Fly	Kathleen Romano	58	METR	4:27.61	2004
200 IM					

400 IM	Sue Lecarreux	58	METR	7:39.88	2003
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Women 60-64

Event	Name	Age	Club	Time	Year
=====	=====	===	=====	=====	=====
50 Free					
100 Free	Lida Gaschke	64	METR	1:28.90	1996
200 Free	Jane Katz	60	METR	3:04.90	2003
400 Free	Jane Katz	61	METR	6:35.74	2004
800 Free	Jane Katz	63	METR	12:57.42	2006
1500 Free					
50 Back	Jane Katz	62	METR	48.13	2005
100 Back	Jane Katz	62	METR	1:41.78	2005
200 Back	Jane Katz	63	METR	3:26.56	2006
50 Breast					
100 Breast					
200 Breast					
50 Fly					
100 Fly	Barbra Love	61	METR	2:10.12	1998
200 Fly	Barbra Love	61	METR	4:50.54	1998
200 IM					
400 IM	Jane Katz	63	METR	8:01.34	2006

Women 65-69

Event	Name	Age	Club	Time	Year
=====	=====	===	=====	=====	=====
50 Free	Lida Gaschke	66	METR	38.61	1998
100 Free	Lida Gaschke	66	METR	1:28.89	1998
200 Free	Lida Gaschke	66	METR	3:21.30	1998
400 Free	Lida Gaschke	66	METR	6:57.44	1998
800 Free	Lida Gaschke	66	METR	14:17.32	1998
1500 Free	Lida Gaschke	66	METR	26:57.53	1998
50 Back					
100 Back					
200 Back	Ann McDonnell	65	METR	4:06.01	2003
50 Breast					
100 Breast					
200 Breast					
50 Fly	Barbara Love	69	METR	56.70	2006
100 Fly	Barbara Love	65	METR	1:56.74	2002
200 Fly	Barbara Love	65	METR	4:17.47	2002
200 IM	Lida Gaschke	67	METR	4:01.58	1999
400 IM	Barbara Love	65	METR	8:31.47	2002

Women 70-74

Event	Name	Age	Club	Time	Year
=====	=====	===	=====	=====	=====
100 Free	Lida A Gaschke	71	METR	1:32.98	2003
200 Free	Lida A Gaschke	72	METR	3:30.60	2004
400 Free	Lida A Gaschke	70	METR	7:16.46	2002
800 Free	Lida Gaschke	71	METR	14:45.78	2002
1500 Free	Lida A Gaschke	71	METR	28:30.95	2003
100 Back	Lida A Gaschke	71	METR	1:51.22	2003
200 Back	Lida A Gaschke	71	METR	4:03.71	2003
50 Breast	Lida A Gaschke	71	METR	58.89	2003
200 Breast	Gertrude Box	72	METR	5:28.25	1994

200 IM	Lida A Gaschke	70	METR	4:03.29	2002
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Women 75-79

Event	Name	Age	Club	Time	Year
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50 Free

100 Free

200 Free

400 Free

800 Free

1500 Free

50 Back

100 Back

200 Back

Gertrude Box	77	METR	5:13.11	2000
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50 Breast

100 Breast

200 Breast

50 Fly

100 Fly

200 Fly

200 IM

400 Im

Women 80-84

Event	Name	Age	Club	Time	Year
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50 Free

100 Free

200 Free

400 Free

800 Free

1500 Free

50 Back

100 Back

200 Back

50 Breast

Gertrude Box	82	METR	1:27.47	2003
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100 Breast

Gertrude Box	82	METR	3:05.71	2003
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200 Breast

Gertrude Box	82	METR	6:53.77	2003
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50 Fly

Pearl Sobel	82	METR	1:45.98	1994
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100 Fly

200 Fly

200 IM

400 IM

Women 85-89

Event	Name	Age	Club	Time	Year
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50 Free

Pearl Sobel	88	METR	1:46.18	1999
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100 Free

200 Free

400 Free

800 Free

1500 Free

50 Back

Pearl Sobel	88	METR	1:28.97	1999
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100 Back

200 Back

50 Breast
100 Breast
200 Breast
50 Fly
100 Fly
200 Fly
200 IM
400 IM

Pearl Sobel 88 METR 1:44.74 1999