

Metropolitan LMSC Short Course Meter Relay Records

Men 100-119 SCM

Event	Club	Time	Swimmers	Year
200 Free	METR	1:40.39	Paul Buren (24) Paul Schned (24) Joseph Byrne (28) Thayer Thompson (30)	2004
400 Free	YWCA	3:48.10	Paul Schned (24) Thayer Thompson (30) Christopher Cifarelli (30) Joseph Byrne (28)	2004
800 Free	METR	9:18.26	J Marc Agostini (29) O De Mira (27) Scott Hirose (34) Alexander Hall (29)	2000
200 Medley	METR	1:54.56	James Fox (33) Paul Schned (24) Paul Buren (24) Joseph Byrne (28)	2004
400 Medley	METR	4:21.03	James Fox (33) Paul Schned (24) David Figur (27) Joseph Byrne (28)	2004

Men 120-159 SCM

Event	Club	Time	Swimmers	Year
200 Free	BDGR	1:42.46	Roger Kahn (46) Stan Kroder (36) A Tomala-Reyes (28) Steven M Newman (39)	2001
400 Free	BDGR	3:44.87	Danilo D Vicioso (37) Greg Werlinich (36) Steven M Newman (38) Stan Kroder (35)	2000
800 Free	BDGR	8:14.93	Danilo D Vicioso (37) Greg Werlinich (36) Steven M Newman (38) Stan Kroder (35)	2000
200 Medley	BDGR	1:55.34	Danilo D Vicioso (37) Rod P Woodhead (38) Stan Kroder (35) Ange Tomala-Reyes (27)	2000
400 Medley	BDGR	4:19.58	Danilo D Vicioso (37)	2000

Rod P Woodhead (38)  
Stan Kroder (35)  
Greg Werlinich (36)

Men 160-199 SCM

Event	Club	Time	Swimmers	Year
200 Free	METR	1:46.33	Mark Johnson (35) Todd Cooper (40) Paul Fallot (44) Brad Cole (44)	2002
400 Free	METR	4:22.96	Jonathan Churins (30) Mark Andrews (55) Jack Cothren (56) Arthur Boyko (39)	2005
800 Free	TNYA	8:56.88	David Dunn (40) David Mowers (34) Buck Broker (43) Charles Carson (45)	1999
200 Medley	METR	1:58.57	Bruce Hayes (38) Todd Cooper (39) Charles Carson (47) Brad Cole (43)	2001
400 Medley	METR	4:45.89	Matthew O'Grady (40) Buck Broker (44) Paul Fallot (42) Brad Cole (42)	2000

Men 200-239 SCM

Event	Club	Time	Swimmers	Year
200 Free	YWCA	1:59.23	Kent Osband (49) Gregory Fericola (47) Martin Clarke (54) Bruce Goldberg (53)	2004
200 Medley	TNYA	2:32.18	Ed Dunne (56) Michael D'Amico (46) John Goodwin (51) Jack Alexander (52)	1999
400 Medley	TNYA	5:56.92	Ed Dunne (56) Jack Curry (47) Louis Tharp (48) Jack Alexander (52)	1999

Men 240-279 SCM

Event	Club	Time	Swimmers	Year
200 Free	AQFT	2:39.02	John Sheridan (61) Jim Rice (68) Noel Rasmussen (60)	2004

Peter Vratimos (52)

Women 72-79 SCM

Event	Club	Time	Swimmers	Year
200 Free	YWCA	1:58.74	Megan Griffis (25) Katherine Fay (22) Sandy Endo (27) Erin Abbey (23)	2004
400 Free	NYCH	4:36.03	Ngozi Monu (25) Jodie Friedman (25) Laurel Eskra (24) Sharon Makowsky (22)	2006
400 Medley	YWCA	4:42.04	Katherine Fay (22) Megan Griffis (25) Sandy Endo (27) Erin Abbey (23)	2004

Women 76-99 SCM

Event	Club	Time	Swimmers	Year
200 Medley	METR	2:13.96	Meghan Hast (27) Megan Griffis (23) Bonnie Schwartz (23) Deny Soto (24)	2002
400 Medley	EMP	5:33.07	Sarah Riley (24) Erika Maresca (25) Emily Peters (24) Susan Saleeb (24)	1999

Women 100-119 SCM

Event	Club	Time	Swimmers	Year
200 Free	REDT	2:01.34	Jennifer Clarkson (28) Vaness Teitelbaum (30) Aileen O'Connell (25) Kristin Gary (34)	2001
400 Free	METR	4:17.09	Michelle Lemay (31) Judy Oden (25) Megan F Griffis (24) Erin Abbey (22)	2003
800 Free	REDT	9:54.43	Aileen O'Connell (25) Vaness Teitelbaum (30) Jennifer Clarkson (28) Kristin Gary (34)	2001
200 Medley	REDT	2:08.70	Kristin Gary (36) Christin Radcliff (29) Jennifer S Rissi (28)	2003

Ngozi R Monu (22)

400 Medley REDT 4:56.47 Kristin Gary (34) 2001  
Jennifer Clarkson (28)  
Aileen O'Connell (25)  
V Teitelbaum (30)

Women 120-159 SCM

Event	Club	Time	Swimmers	Year
200 Free	REDT	2:00.03	Irina Ryjova (29) Anna Armentrout (31) Cindy M Reeder (40) Kristin Gary (35)	2002
400 Free	YWCA	4:33.79	Colleen Alderson (23) Eileen Loveless (38) Laura Alonso (33) Meghan Hast (29)	2004
800 Free	METR	10:41.91	Patricia Dec (45) M Constant (39) Janet Harris (36) Liv Gjestvang (26)	2001
200 Medley	REDT	2:13.21	Kristin Gary (35) Stephanie Dorsey (32) Heather Curnutt (29) HC F Willeboordse (36)	2002
400 Medley	REDT	4:56.87	Fall Willeboordse (36) Irina Ryjova (29) Kristin Gary (35) Cindy M Reeder (40)	2002

Women 160-199 SCM

Event	Club	Time	Swimmers	Year
200 Free	REDT	2:24.25	Susan L Yeomans (54) Heather Trabor (36) Phyllis Springer (53) Eve Maidenberg (26)	2002
400 Free	METR	5:47.29	Miriam Tuliao (42) Anne B Pratt (66) M Cook-Takahashi (44) Elena R Frankle (32)	2003
200 Medley	REDT	2:56.05	Marcia Hill (58) Margot Mann (53) Susan Yeomans (54) Rachel Frankel (28)	2002

Women 200-239 SCM

Event	Club	Time	Swimmers	Year
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200 Free METR 2:41.87 Yoshiko Hori (38) 2001  
 Lida Gaschke (69)  
 Leslie Erskine (46)  
 Patricia Robak (52)

400 Free EMP 5:23.53 Marcia H Hill (56) 2000  
 Jane Katz (57)  
 Frances Hare (50)  
 Jill F Friedman (43)

200 Medley EMP 2:51.30 Jane Katz (57) 2000  
 Marcia H Hill (56)  
 Frances Hare (50)  
 Jill F Friedman (43)

Women 240-279 SCM

Event	Club	Time	Swimmers	Year
200 Free	YWCA	3:25.23	Anne Stoddard (58) Joann Gutin (58) Anne Pratt (67) Judith Gerrard (62)	2004

Mixed 72-79 SCM

Event	Club	Time	Swimmers	Year
400 Free	METR	3:53.00	Paul Buren (24) Paul Schned (24) Megan Griffis (25) Erin Abbey (23)	2004

400 Medley NYCH 4:28.42 Brianne Sullivan (26) 2006  
 Elliot Ptasnik (23)  
 Dan Williams (24)  
 Jodie Friedman (25)

Mixed 100-119 SCM

Event	Club	Time	Swimmers	Year
200 Free	YWCA	1:51.68	Christopher Cifarelli (30) Meghan Hast (29) Laura Alonso (33) David Figur (27)	2004

400 Free YWCA 4:33.16 Andres Gottfried (28) 2004  
 Jacqueline Reiter (24)  
 Bonnie Schwartz (25)  
 David Figur (27)

200 Medley METR 2:02.00 Kate Duncombe (23) 2004  
 David Cohen (22)  
 Eddie Lary (41)  
 William Pietri (29)

400 Medley TNYA 4:58.06 Todd Cooper (37) 1999  
 Jessica Geist (24)

Liv Gjestvang (24)  
Perry Turcotte (34)

Mixed 120-159 SCM

Event	Club	Time	Swimmers	Year
200 Free	METR	1:42.59	Janet Harris (36) Marc Grabisch (30) M Drueckhammer (38) Michael Boosin (35)	2001
400 Free	WPM	5:19.94	Carolyn Reuter (25) Ryuichi Sagara (46) Geneve Hendricks (29) Donald Kluge (42)	1998
800 Free	WPM	11:10.81	Geneve Hendricks (29) Daniel Machado (29) Nancy Surdoval (45) Alan Romaner (36)	1998
200 Medley	YWCA	2:01.42	Meghan Hast (29) Jack Mackenroth (35) Todd Cooper (42) Laura Alonso (33)	2004
400 Medley	METR	4:44.29	Maura Schoonmaker (29) Arthur Boyko (39) Jonathan Churins (30) Christine Honig (36)	2005

Mixed 160-199 SCM

Event	Club	Time	Swimmers	Year
200 Free	REDT	1:53.69	Arnold DeGarcia (32) Phyllis Springer (53) Susan L Yeomans (54) Douglas E Stern (59)	2002
400 Free	METR	4:24.27	Janet Harris (36) M Constant (39) Michael D'Amico (48) Matt Clark (45)	2001
200 Medley	METR	2:21.74	Elisheva Hadar (33) Patricia Dec (46) Birge Kinne (41) Craig Mc Elroy (41)	2002
400 Medley	TNYA	4:58.18	Debra Nelson (35) Chris Packard (41) Charles Carson (45) Laurie Cotter (44)	1999

Mixed 200-239 SCM

Event	Club	Time	Swimmers	Year
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200 Free	DUTCH	2:24.71	Kathleen Davis (52) Mark Andrews (56) Mary Reed (40) Jack Cothren (57)	2006
400 Free	DUTCH	4:56.36	Kathleen Davis (52) Mark Andrews (56) Mary Reed (40) Jack Cothren (57)	2006
200 Medley	DUTCH	2:32.84	Jack Cothren (57) Mark Andrews (56) Kathleen Davis (52) Mary Reed (40)	2006
400 Medley	DUTCH	5:39.19	Jack Cothren (57) Mark Andrews (56) Kathleen Davis (52) Mary Reed (40)	2006

Mixed 240-279 SCM

Event	Club	Time	Swimmers	Year
200 Free	METR	2:44.95	John Kiley (73) Thomas C Cracovia (60) Kathleen Romano (56) Barbara Love (65)	2002

Mixed 280-319 SCM

Event	Club	Time	Swimmers	Year
200 Free	METR	3:48.41	Barbara Stanley (72) Hedy Esposito (78) Gerson Sobel (95) Cristobal Sanchez (63)	